



Southern California Swimming  
CIF UNATTACH FORM

If you plan to compete in CIF, it is a CIF rule that you must notify the Southern California Swimming Office that you will be UNATTACHED during the CIF Swim Season. It is your responsibility to enter/swim USA Swimming meets unattached.

I plan to participate in the \_\_\_\_\_(year) CIF Swim Season beginning \_\_\_\_\_,  
ending \_\_\_\_\_, and will be **UNATTACHED** during this period.

\_\_\_\_\_  
*Swimmer* USA Swimming Reg. # \_\_\_\_\_

**NO FEE**

Send form to:

Southern California Swimming  
29000 S. Western Ave., Ste 304  
Rancho Palos Verdes, CA 90275  
Email: [officemanager@socalswim.org](mailto:officemanager@socalswim.org)